



The World Community  
for Christian Meditation

*You are invited to join us for*

# *Christian Meditation*

The ancient tradition of contemplative prayer seeks God in silence and stillness – beyond word and thought.

Christian Meditation is central to the Christian experience and is deeply rooted in Christian tradition.

Meditation or contemplative prayer is the prayer of silence and listening.

“Be still and know that I am God” Ps. 46

*Where: Josephite Mission and History  
Centre Chapel,  
67 Clare Street, New Town*

*When: Tuesdays 10.00 a.m.*

